



## Eye Lash Extension Aftercare Sheet

Aftercare is essential for healthy eyelash extensions. With proper care the life of eyelash extensions can be prolonged, hygiene is maintained, and natural lashes stay healthy and beautiful. Now that you have beautiful lash extensions, here are some DO's and DON'Ts:

- Do NOT wash eyes or shower for 24 hours
- Avoid steam and sweat for 24 hours
- Avoid strong heat such as ovens or BBQ's
- Do NOT rub or pull on your extensions
- Avoid all oil-based products and waterproof mascaras / makeup removers
- ONLY use extension-safe mascaras
- Do NOT use an eyelash curler on your extensions
- Clean your extensions with an oil-free cleanser every day
- Avoid using cotton products like cotton rounds or q-tips near your extensions
- Book your fill appointment every 2-4 weeks